

Disclaimer

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Please read this Disclaimer carefully before engaging with Kimmu Coaching services or content. By proceeding, you confirm that you have read and accepted the terms below.

1. Not a Substitute for Professional Advice

Kimmu Coaching provides transformative coaching and ADHD coaching. Coaching is a personal and professional development service – it is not therapy, counselling, psychotherapy, or clinical treatment, and must not be used as a replacement for:

- Medical or mental health care – if you have concerns about your physical or mental health, please consult a qualified healthcare professional
- Legal advice – any discussions about legal matters are for personal reflection only
- Financial advice – any financial discussions are exploratory only; please consult a qualified financial adviser

If you are in a mental health crisis, please contact your GP, call NHS 111, or contact the Samaritans on 116 123 (free, 24/7).

2. ADHD Coaching

ADHD coaching supports individuals who identify as having ADHD or ADHD traits. It focuses on practical strategies, goal-setting, organisation, and self-regulation. It is not a clinical intervention and does not replace assessment, diagnosis, or treatment by a medical professional. The Coach does not advise on medication or medical treatment.

3. No Guarantee of Results

Coaching outcomes depend on many factors, including your own effort and engagement. Kimmu Coaching makes no guarantee of any specific outcome. Results will vary between individuals.

4. Use of Advice and Materials

Any information, tools, or materials shared during sessions or on the Kimmu Coaching website are provided in good faith for personal development purposes only. You are solely responsible for the decisions and actions you take as a result of coaching. Kimmu Coaching shall not be liable for any loss or negative outcome arising from your use of coaching advice or materials.

To the fullest extent permitted by law, total liability is limited to the fees paid in the three months preceding any claim. Nothing in this Disclaimer excludes liability for death or personal injury caused by negligence, or for fraud.

5. Website Content

Content on the Kimmu Coaching website is provided for general informational and educational purposes only. It does not constitute professional advice and should not be relied upon as such. We make no warranty as to its completeness or accuracy.

6. Third-Party Links

Links to third-party websites are provided for convenience only. Kimmu Coaching does not endorse or take responsibility for external content. Accessing any link is at your own risk.

7. International Clients

Kimmu Coaching works with clients worldwide. Our primary legal framework is that of England and Wales. Clients are responsible for ensuring that engaging with coaching is appropriate and lawful in their own jurisdiction.

8. Professional Standards

Kimmu Coaching voluntarily adheres to the International Coaching Federation (ICF) Code of Ethics and Professional Practice. This Disclaimer should be read alongside the Client Agreement and Terms and Conditions.

9. Changes

We may update this Disclaimer at any time. Changes will be posted on this page with a revised date. Continued use of our services constitutes acceptance of the revised Disclaimer.

10. Contact

For questions about this Disclaimer, please contact:

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